



15TH Annual Healthy Heart Day

Fit for Life

“Stay Active with or without Diabetes” Dr. Alice Cheng, MD, FRCPC
Diabetes Specialist/Endocrinologist

“Let’s Get Fit! Participate in Fitness, Dance and Tai Chi”
Various instructors

“A Moment on the Lips, A Lifetime on the Hips” Dr. Peter Lin, MD CCFP
Physician, Health Columnist for CBC Radio, Director Canadian Heart Research Centre

“Fitting the Pieces Together” Dr. A. Shekhar Pandey, MD, FRCPC
Adult Invasive & Non Invasive Cardiologist, Cambridge Cardiac Care Centre

Saturday May 4th, 2019 • 7:30am - 1pm

NEW LOCATION

Forward Church Cambridge

55 Franklin Blvd, Cambridge, ON N1R 5S2

NEW LOCATION

♥ Survivor walk 7:30am ♥ Health Fair

Register for
FREE EVENT healthyheartday@rogers.com
519.624.3511
www.cambridgecardiaccare.com

